

sip

sit + imbibe 4 pleasure

8 - 4

closed wednesdays & thursdays

at seaview at bicheno 29 banksia st

eats

muesli or cereal with milk \$4
yoghurt + banana add \$1 ea

toast malted grain or pide \$4
jam, vegemite, nutella, banana add \$1
raisin loaf \$4.5

corn fritters, slow roasted tomato + basil \$9

ciao brek - poached egg, prosciutto, spinach, relish
+ pide \$10

mez brek - poached egg, dukkah, hommus, verde
spread, fetta + pide \$10
extra egg or other on any \$3 ea

bagel, smoked salmon, mascarpone, capers \$12

sit & dream plate \$18 for 1, \$30 for 2

soup + pide \$8

sip garden salad \$8 + smoked fish or meats \$6

toasted pide (turkish bread) \$12
chicken, garlic mayo, tomato + rocket
sweet potato, zucchini, capsicum, fetta + hommus
beef pastrami, relish, pickled onion + cheese

sip sandwiches on malted grain \$6
chicken, lemon mayo + lettuce
salad + hommus
leg ham, tomato, lettuce + mustard

sweeties

bulochki (russian spiced bun served traditionally
with jam and sour cream) \$5

little cakes from the blackboard \$5

biscotti \$3 florentine \$5

drinks

short black, ristretto, short mach \$3

flat white, latte, cap, long black, long mach,
affogato, chai \$3.5

in a bowl - latte or au lait \$4.5

real choc hot, iced choc, iced coffee \$4.5

milkshakes (coffee, vanilla or chocolate) \$5

art of tea - sip blend, russian caravan, earl grey,
english breakfast, relax herbal \$3.5
pure harvest soy or skinny + 30c/50c large

spreyton apple or orange \$3.5

charlie's raspberry &/or lemonade quenchers or
orange & mango or spirulina smoothies \$4

phoenix cranberry & lime or blood orange, organic
cola, lemon & lime & bitters or ginger beer \$4

Ferarelle mineral water 300 ml \$3 750 ml \$6

at sip we proudly use the following tasmanian
producers and distributors

tascaffè (organic coffee)
art of tea, tas gourmet kitchen
ashgrove, gennaros
pure foods
tas bakeries, manna bakehouse
lesley blacks, rocky gardens
italian pantry
spreyton juices
island fresh
exquisite flavours
mbl, tamar valley
houston farm
nichols
blue banner
alpenberg
soulfresh
many others
and of course our staff!

• takeaway meals (frozen), adventurers lunch
packs (& heaps off the menu) also available from
the sip kitchen.

• for the convenience of smokers and the comfort
of others, the rear courtyard is our designated
smoking area.

We hope you enjoy "sip" & sip-ping. Helen & Subi

